

ROKOKAN

25 ML
HERBAL EXTRACT



ROTOKAN — the power of nature in every drop

A formula based on healing herbs:
chamomile, calendula, and yarrow
Why is Rotokan more than just a herbal extract?

Triple power of proven medicinal plants

Chamomile (*Chamomilla recutita*) — soothes and supports respiratory health

Calendula (*Calendula officinalis*) — helps normalize liver function

Yarrow (*Achillea millefolium*) — improves digestion and overall well-being





STRENGTHS AND ADVANTAGES:

NATURAL COMPOSITION

Contains only plant-based ingredients: extracts of chamomile, calendula, and yarrow — well-known medicinal herbs.

COMPREHENSIVE ACTION

Chamomile helps improve respiratory health.

Calendula supports liver function.

Yarrow has a beneficial effect on digestion.

CONVENIENT FORM OF USE

The liquid extract is easy to dose drop by drop and dilute in water — ideal for regular use.

HIGH BIOAVAILABILITY

The liquid form ensures rapid absorption of active substances.



SIMPLE DOSAGE REGIMEN

Taken just 3 times a day, 25 drops before meals.

FAST PREPARATION

No long brewing required like herbal teas — simply dilute in water.

TRADITIONALLY USED HERBS

All ingredients have a centuries-old history of use in folk and official medicine.

HOW TO TAKE FOR MAXIMUM EFFECT

RECOMMENDED DOSAGE:

Take 25 drops orally, 3 times a day.

Take 15–30 minutes before meals, diluted in ½ glass of water (about 100 ml).

COURSE OF USE:

- Minimum course: 2 weeks
- Optimal course: 1 month

If necessary, the course can be repeated after a break, in consultation with a doctor or nutrition specialist.

HOW TO INCORPORATE INTO YOUR DAILY ROUTINE

- **Morning** — before breakfast for a gentle digestive boost
- **Afternoon** — to support liver function and overall energy
- **Evening** — for relaxation and respiratory system support

